



Menú de Preescolar
Agosto 2021

B = DESAYUNO
L = ALMUERZO
NS = SNACK NUTRITIVO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
B= Cheerios, Leche, Fruta Fresca L= Sandwich de Pavo, Lechuga, Tomate, Mayonesa NS= Fruta Fresca, Leche	B= Yogurt, Granola, Fruta Fresca L= Caldo de Pollo con Arroz y Verduras, Fruta Fresca, Leche NS= Duraznos con Queso Cottage	B= Huevo Revuelto, Pan Tostado, Fruta Fresca, Leche L= Sopa de Fideo, Taquito de Pollo, Lechuga, Crema Agria, Agua de Sandía NS= Sandía, Leche	B= Waffles, Fruta Fresca, Leche L= Tiritas de Pescado, Ensalada de Repollo, Fruta Fresca NS= Ensalada de Fruta, Leche	B= Burrito de Frijol con Queso, 100% Jugo de Manzana L= Spaghetti con carne, Ensalada César, Fruta Fresca, Leche NS= Paleta de Fruta
10	11	12	13	14
B= Cheerios, Leche, Fruta Fresca L= Sandwich de Atún, Lechuga, Tomate, Mayonesa NS= Fruta Fresca, Leche	B= Yogurt, Granola, Fruta Fresca L= Caldo de Res con Verduras, Fruta Fresca, Leche NS= Duraznos con Queso Cottage	B= Cuernito de Huevo y Queso, Fruta Fresca L= Sopa de Letras, Taquito de carne deshebrada, Lechuga, Crema Agria, Agua de Jamaica NS= Zanahorias con Aderezo Ranch	B= Mini Pancakes, Fruta Fresca, Leche L= Quesadilla y Frijoles, Fruta Fresca, Limonada NS= Apio, Ranch	B= Burrito de Frijol con Queso, 100% Jugo de Manzana L= Bistec con Papas, Tortilla de Maíz, Fruta Fresca, Leche NS= Paleta de Fruta
17	18	19	20	21
B= Cheerios, Leche, Fruta Fresca L= Grilled Cheese Sandwich, Ensalada Jardín, Aderezo Ranchero NS= Fruta Fresca, Leche	B= Yogurt, Granola, Fruta Fresca L= Caldo de Albondigas con Verduras, Fruta Fresca, Leche NS= Duraznos con Queso Cottage	B= Huevo Revuelto, Pan Tostado, Fruta Fresca, Leche L= Sopa de Fideo, Taquito de Pollo, Lechuga, Crema Agria, Agua de Pepino NS= Pepinos con Ranch	B= Mini Crepas, Fruta Fresca, Leche L= Ensalada de Atún con Tomate, Lechuga, y Elote. Galletas Saladas 100% Trigo, Manzana, Leche NS= Pasas, Leche	B= Burrito de Frijol con Queso, 100% Jugo de Manzana L= Enchilada de Queso con Frijoles, Lechuga, Crema Agria, Limonada de Fresa NS= Paleta de Fruta
24	25	26	27	28
B= Cheerios, Leche, Fruta Fresca L= Sandwich de Pollo, Ensalada Jardín, Aderezo Ranchero NS= Fruta Fresca, Leche	B= Yogurt, Granola, Fruta Fresca L= Caldo de Papas con Queso Fresco, Fruta Fresca NS= Duraznos con Queso Cottage	B= Huevo Revuelto, Pan Tostado, Fruta Fresca, Leche L= Sopa de Letras, Taquito de carne deshebrada, Lechuga, Crema Agria, Agua de Piña NS= Jicama, Leche	B= Waffles de Blueberry, Leche L= Ensalada de Pollo, Galletas Saladas 100% Trigo, Naranja, Leche NS= Plátano, Leche	B= Burrito de Frijol con Queso, 100% Jugo de Manzana L= Sopa de Lentejas. Pan de Elote, Fruta Fresca, Leche NS= Paleta de Fruta
31				
B= Cheerios, Leche, Fruta Fresca L= Sandwich de Pavo, Lechuga, Tomate, Mayonesa NS= Fruta Fresca, Leche				



The Children's Place Child Development Center
 45-114 Smurr St. Indio, CA. 92201 (760) 619-3286

Preschool Menu
August 2021

B = BREAKFAST
L = LUNCH
NS = NUTRITIOUS SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
B= Cheerios, Milk, Fresh Fruit L= Turkey Sandwich, Lettuce, Tomato, Mayo NS= Fresh Fruit, Milk	B= Yogurt, Granola, Fresh Fruit L= Chicken and Rice Soup with Veggies, Fresh Fruit, Milk NS= Peaches & Cottage Cheese	B= Scrambled Egg, Toast, Fresh Fruit, Milk L= Fideo Soup, Chicken Taquito, Lettuce, Sour Cream, Watermelon Water NS= Watermelon, Milk	B= Waffles, Fresh Fruit, Milk L= Fish Sticks, Cole Slow, Fresh Fruit NS= Fruit Salad, Milk	B= Bean & Cheese Burrito, 100% Apple Juice L= Spaghetti and Meatballs, Caesar Salad, Fresh Fruit, Milk NS= Fruit Popsicle
10	11	12	13	14
B= Cheerios, Milk, Fresh Fruit L= Tuna Sandwich, Lettuce, Tomato, Mayo NS= Fresh Fruit, Milk	B= Yogurt, Granola, Fresh Fruit L= Beef and Vegetable Soup, Fresh Fruit, Milk NS= Peaches & Cottage Cheese	B= Egg & Cheese Croissant, Fresh Fruit L= Alphabet Soup, Shredded Beef Taquito, Lettuce, Sour Cream, Jamaica Water NS= Carrots & Ranch	B= Mini Pancakes, Fresh Fruit, Milk L= Quesadilla & Beans, Fresh Fruit, Lemonade NS= Celery, Ranch	B= Bean & Cheese Burrito, 100% Apple Juice L= Steak with Potatoes, Corn Tortilla, Fresh Fruit, Milk NS= Fruit Popsicle
17	18	19	20	21
B= Cheerios, Milk, Fresh Fruit L= Grilled Cheese Sandwich, Garden salad, Ranch NS= Fresh Fruit, Milk	B= Yogurt, Granola, Fresh Fruit L= Albondiga Soup with Veggies, Fresh Fruit, Milk NS= Peaches & Cottage Cheese	B= Scrambled Egg, Toast, Fresh Fruit, Milk L= Fideo Soup, Chicken Taquito, Lettuce, Sour Cream, Cucumber Water NS= Cucumbers with Ranch	B= Mini Crepes, Fresh Fruit, Milk L= Tuna Salad with tomato, Lettuce, and Corn, 100% Wheat Saltine Crackers, Apple Slices, Milk NS= Raisins, Milk	B= Bean & Cheese Burrito, 100% Apple Juice L= Cheese Enchilada w/Beans, Lettuce, Sour Cream, Strawberry Lemonade NS= Fruit Popsicle
24	25	26	27	28
B= Cheerios, Milk, Fresh Fruit L= Chicken Sandwich, Garden Salad, Ranch NS= Fresh Fruit, Milk	B= Yogurt, Granola, Fresh Fruit L= Potato Soup with Fresco Cheese, Fresh Fruit NS= Peaches & Cottage Cheese	B= Scrambled Egg, Toast, Fresh Fruit, Milk L= Fideo Soup, Chicken Taquito, Lettuce, Sour Cream, Pineapple Water NS= Jicama, Milk	B= Blueberry Waffles, Milk L= Chicken Salad, 100% Wheat Crackers, Orange Slices, Milk NS= Banana, Milk	B= Bean & Cheese Burrito, 100% Apple Juice L= Lentil Soup. Corn Bread, Fresh Fruit, Milk NS= Fruit Popsicle
31				
B= Cheerios, Milk, Fresh Fruit L= Turkey Sandwich, Lettuce, Tomato, Mayo NS= Fresh Fruit, Milk				